

Contact Information

Country: Zambia Project Title: Promoting Women Employment Through Tailoring Training and Provision of Sewing Machines in the Diocese of Monze		
Time frame of the project implementation: 12 months		
Start: 2025	End: 2025	Period: 12 months
Applicant: Full Names: Fr. Ackim Musimuko (Ageness Simoloka to implement) Designation: Director Address: Diocese of Monze P.O. Box 660269 Monze, Zambia Telephone: +260 213 250150 / +260 977445973 Fax : +260 213 250683 Email: monzedirector.caritas@gmail.com Preferred Email Address: agnesmoloka1@yahoo.com		
Organization Submitting the Proposal Organization: Diocese Of Monze Legal Holder: Right Rev. Fr. Raphael Mweempwa Full Names: Designation: Bishop Address: Diocese of Monze P.O. Box 660195 Monze, Zambia Telephone: +260 213 250316 / 0977..... Fax: +260 213 250575 Email: Legal Status: Faith Based and non-profit making organization.		

1. Introduction

This proposal seeks to empower rural women of the Diocese of Monze in the Southern Province of Zambia by providing tailoring training and sewing machines to 6 women groups. This initiative aims to enhance their skills, promote economic independence, and improve their overall livelihoods.

2. Project Description

This project seeks to holistically empower 180 women in the 6 targeted women groups in the Diocese of Monze of the Southern Province of Zambia. The project will empower women with the skills in tailoring and support them with sewing machines to enable them to generate income and improve their livelihoods. The idea to combine skills training and supporting them with sewing machines aims to create sustainable economic opportunities for women, enhancing both their household incomes, thereby bringing development to their communities.

Tailoring Training and Provision of Sewing Machines: The project will provide training in tailoring to 30 select women coming from the 6 targeted groups (5 from each group) and present the participants with sewing machines. The sewing machines which will be presented to the participants will be the property of the groups and not the individuals who will take part in the initial training. This will enable women to start small-scale tailoring businesses, thus creating new income streams.

3. Situation Analysis

The Southern Province of Zambia is predominantly rural, with agriculture being the main economic activity and primary livelihood mean. However, this region faces significant challenges related to climate change effects resulting to poverty, unemployment and food insecurity and women bear these challenges because of limited access to education, economic empowerment and resources. Women in these areas often face challenges in accessing sustainable income-generating opportunities. The informal sector, particularly tailoring, presents a viable option for economic empowerment for the rural women. Despite a high demand for locally tailored clothing, many women lack the necessary skills and resources to enter this market inspite of the growing demand for affordable and locally produced clothings. Tailoring training and the provision of sewing machines could bridge this gap, enabling women to generate income and contribute to their households.

4. Problem Statement

Despite the potential for tailoring as a sustainable source of income, many women in the Southern Province remain food insecure due to lack of access to the necessary training, and equipment. This has resulted in limited self employment opportunities for rural women who take up the management of the homestead and family need, leading to high levels of poverty and dependency. There is a need for a comprehensive training in both tailoring and basic business management as well as supporting the women groups with resources such as sewing machines to enable them improve their livelihoods and achieve economic independence.

5. Description of the Target Group

The 180 women will be selected from the Parishes of Gwembe, Magoye, Fumbo, Chivuna, Monze and Maamba (30 women per group) will take part in the implementation of the project. These women are from rural households that face economic and food security challenges with low- income as they are not empowered to engage in sustainable income generating activities. The training in tailoring and support of sewing machines will enable them become economically independent. The 30 women who will be trained in tailoring; garment production, will train other group members, after which the women groups will start their own businesses. The training in basic business management will be conducted to individual women groups.

6. Objectives

Main Objective: To Empower rural women in the Diocese of Monze through sustainable income generation

Specific Objective 1: To provide comprehensive trainings in tailoring and basic business management to 18 women from the 6 women groups by 2025.

Key Performance Indicator

1.1 At least 18 women of the 180 targets are trained in tailoring; garment production and sewing machines management.

Activities

- 1.1.1 Engage with the Parishes and Community leaders to identify and select 6 women groups for the project
- 1.1.2 Conduct awareness campaigns to inform and encourage women to participate in the training programs of tailoring
- 1.1.3 Conduct training in tailoring and sewing machine management to 18 selected women from the 6 women groups

Specific Objective 2: To support 18 women groups with 60 sewing machines – 3 per group by 2025 to enable them to start their income generating activities.

Key Performance Indicator

2.1 At least 18 women of the 180 targets are presented with a sewing machines each

Activities

- 2.1.1 Procure 18 sewing machines for presentation to the women upon the completion of the training.

Specific Objective 3: To promote sustainable economic independence among women in the targeted communities through tailoring to reduce poverty and dependency by 2026

Key Performance Indicator

3.1 75 women of the 180 targets have increased income from ZMW500 to ZMW1,000 in year 1.

Activities

- 3.1.1 Conduct 3 days training in all the 6 targeted women groups in basic of business management to ensure women can effectively manage their businesses and finances
- 3.1.2 Facilitate a 3 days training in all the 6 targeted women groups in village banking using the village savings methodology to enable them begin to generate income using their own savings.

Specific Objective 4 : To strengthen the social and economic position of women in the rural areas of the Diocese of Monze through linkages by 2026

Key Performance Indicator

- 4.1 4 women groups are linked to relevant government ministries for continued support and mentorship in year 1

Activities

- 4.1. Facilitate linkages with local markets, enabling the women to sell their products and sustain their businesses; schools located in their respective communities.

5.5 Monitoring and Evaluation

- 5.5.1 Conduct quarterly monitoring visits to all the women groups to assess the progress and impact of the training in tailoring and the usage of sewing machines.
- 5.5.2 Collect data, in year two, on income generation from the tailoring business to measure the success of the project.

Expected Outcomes

- 1. Empowerment of 180 women with skills in tailoring, enabling them to become self-reliant and contribute to the economic well-being of their households.
- 2. Increased household income through the successful establishment of tailoring businesses.
- 3. Sustainable livelihoods for rural women, supported by diversified income streams from tailoring and village banking.

6. Project Strengths

The Holistic approach to women's empowerment by integrating both tailoring and business management to address multiple facets of economic empowerment among rural women of the Diocese of Monze.

Direct response to the specific needs of the rural women.

The provision of resources (sewing machines) will motivate the participants of the project to put the trainings in practice. It will also reduce the gap between learning and application and consequently enable the women to quickly have economic returns for their families.

By empowering women as economic driver, the project will directly contribute to the women's economic independence. Women will be positioned as economic drivers within their households and the communities they belong. This will lead to a broader social benefit such as improved decision making power and community development

7. Possible Risks and Mitigation Measures

1. Some of the participants may not complete the trainings due to other household responsibilities, health issues or lack of interest.
Mitigation measure: the project will employ flexible training schedules
2. Participants may find difficulties in finding customers for their tailoring products, especially in rural areas with limited purchasing power
Mitigation measure: the project will endeavor to link the women to nearby schools and markets
3. In some communities, cultural norms and gender dynamics may limit the participation of women in economic activities or decision making which could affect their full participation in the project.
Mitigation measure. the project will engage local leader and men in the community prior to the implementation of the project to advocate for the women's empowerment and put an emphasis on the communal benefits of the project
4. Lack of continued support after the project phase- participants may struggle to sustain their businesses once the project comes to an end.
Mitigation measure: the project will build capacity and advocate for self suitability measures

7. Conclusion

This integrated project aims to provide a sustainable solution to the economic challenges faced by the rural women in the Diocese of Monze by providing them with comprehensive training in tailoring and business management, along with the necessary tools to improve their livelihoods. By addressing both economic empowerment and food security, the project will contribute to sustainable development and poverty reduction in rural communities. Through skill-building, provision of resources, and continuous support, the women will be equipped to transform their lives and play an active role in their local economies.

8. Budget Estimate

Activity Detail		Total Cost ZMW	Total Cost ZMW	Euro Equiv
1	Trainings in Tailoring	123,832.00	123,832.00	4,762.77
2	Purchasing of sewing Machines	71,100.00	71,100.00	2,734.62
3	Training in Business management & OSAWE	22,680.00	22,680.00	872.31
4	Linkages	4,200.00	4,200.00	161.54
6	internal Monitoring and Evaluation	5,925.00	5,925.00	227.88
7	Direct Staff	20,760.00	20,760.00	798.46
Total Project Implementation Cost		248,497.00	248,497.00	9,557.58

7.2 Administrative Staff	5,190.00	5,190.00	199.62
7.3. Administration at 10% of the total budget	24,849.70	24,849.70	955.76
Total Project cost per year	278,536.70	278,536.70	10,712.95